

5th/6th Grade N.E.S.T. Plans

Show and Tell Week

Coming up this week: Connecting to Each other

This week, students will participate in a Show and Tell Activity where they will share their values & interests with their N.E.S.T..

It is very important to set the stage for respect before beginning a Show and Tell exercise. Please go over your expectations before the first student shares. Go over your N.E.S.T. Norms and discuss what RESPECT is and what RESPECT looks like. I also suggest informing students that the Show and Tell is not an avenue to show something of monetary value (i.e.-expensive gadget) but to show something of personal value to the group so that your N.E.S.T. can get to know each other better. The most important thing to remember is that we should be listeners.

Routine Reminder

Students should walk into the meeting area and answer the DAILY NEWS on the board(s), get into their CIRCLE. After circling up, students GREET each other and then begin to check-in. Mondays are all about the CHECK-IN. It is important to really scaffold students to get them sharing as much as possible. Once each student has had the opportunity to check-in the group may begin the ACTIVITY. 5 minutes before transition, the group may REVIEW the answers on the daily news board and/or REFLECT on the activity.

Day One

OBJECTIVE: Students will share details about their weekend.

Materials Needed: none

1. **Daily News:** Manic Monday- What is one thing that drives you absolutely crazy?
2. **Greeting:** Everyone Greets and is greeted (students sit in a circle)
3. **Formal Sharing/ Check-in:** Ball Toss Sharing (students sit in a circle)

A student is selected to begin and is given a ball. She begins sharing, once finished she picks who she wants to toss the ball to and that person begins sharing. Students should track only the person who is holding the ball. Many advisors are already using this method to share and check in. It is a good way to structure this part of N.E.S.T..

Sharing Questions:

- What did you do this long weekend?
- Does your family have any traditions during this time of year?
- The cold weather is around the corner- are you looking forward to getting some snow?

- Remember to bundle up now that the cold weather is amongst us. Mr. Garcia reminds us often about wearing scarfs and gloves- if you need assistance with this please let me know so we can take care of that.

Tell students that tomorrow through Thursday we will be doing show and tell in N.E.S.T.. Ask them to bring something from home that relates to them in any way (ideas: pictures of family, something from their culture, a favorite book, something from their past, something they value, an article about a topic they are passionate about, etc.) to share with N.E.S.T.. Inform students that the Show and Tell is not an avenue to show something of monetary value (i.e.-expensive gadget) but to show something of personal value to the group so that your N.E.S.T. can get to know each other better.

Assign 3 students for Tuesday and 3 students for Wednesday and 4 for Thursday to give each student ample time to share. Tell students their assigned day.

Friday is NEST Choice Day- Spend the day giving your NEST scholars some love.

5. Review Daily News and Discuss:

Ask the following questions to guide students in reflection:

- Done during share out.

Day Two - Day Four

Objective: Students will participate in show and tell.

Materials Needed: depends on advisor

1. **Daily News Tuesday:** What does RESPECT look like to you?
2. **Daily News Wednesday-** Do you think a person can take a passion/interest and turn it into a career?
3. **Daily News Thursday-** What can we do to our N.E.S.T. nook to make it look more festive or have it represent us more (culturally, individually as a team, etc?)

Greeting: Everyone Greets and is greeted (students sit in a circle)

Check-in: (5 minutes)

4. Activity: Procedure

- Introduce what you will be doing in N.E.S.T. today:

- Say: “Today thru Thursday, we will be participating in Show and Tell. Show and Tell is a great way to learn more about each other. Most schools only make time for Show and Tell during the pre-school years but the truth of the matter is that you each have grown so much since then and your view of yourself has grown as well.
- Discuss RESPECT
 - Say: As we know, presentations put most of us out of our comfort zone because for most school days, students are listeners/learners and do not need to be in front of a group. With that being said, lets discuss how we can best support each other during Show and Tell today and tomorrow. The one thing you must do is practice RESPECT during each person’s presentation. So let’s talk about RESPECT- What would respect look like while each person presents (think about how you would like people to be during your own presentation.) ***Have a student scribe what is said on the board. Take a look at what students answered for Daily News to kick start the conversation.***
 - Suggestions:
 - Listen attentively
 - Face the presenter
 - Remain quiet during presentations/no interruptions
 - Applaud afterwards
 - Ask questions at the end- Make it an expectation that everyone share and comment at the end of each presentation.
 - Be conscious of body language and nonverbal responses -- they can be as disrespectful as words.
- Begin Sharing!
 - Have students sit in a circle (as the advisor, join the circle)
 - You can do a popcorn style cycle to start presentations or just assign students a rotation (it is up to you.) Remember that the plan is to have 3 students present today and 3 students present ton Wednesday and Thursday. Below is a set of directions that I found online from a teacher who Show and Tell with her full class of high schoolers every year- follows it as you’d like.

Directions on how to facilitate Show & Tell:

Step 1: Give about 2 - 5 minutes per student (with a small class) is good.

Step 2: Get different types of chairs to make the space less uniform and more creative. (yoga balls and knee chairs in addition to normal classroom chairs)

Step 3: Set the rules. Instruct the students on how to constructively criticize. Sit in a circle. No one can be left out or hog the center. Do not interrupt the presenting student. Comment once the present has completed. Everyone must share and comment.

Step 4: The first person must volunteer themselves and 'popcorn' choose the next person. From then on the 'popcorn' cycle continues until each person has gone. (The instructor should sit in the circle with the students and add his or her own value.)

Step 5: Debrief by encouraging and thanking the students. *Wrap up the morning with Daily News*

5. Review Daily Quote and Discuss:

Guide students in reflection:

- Tuesday- From a scale of 1-5- how did we do with RESPECT today?
- Wednesday- Based on the interests that you have, which career would you pursue?
- Thursday- When can we decorate?

Day Five

Objective: Students will participate in NEST Choice Day

Materials Needed: depends on advisor

Daily News: Festive Friday- What's your favorite holiday or event?

Greeting: Everyone Greets and is greeted (students sit in a circle)

Check-in: (5 minutes)

4. Activity:

N.E.S.T. Choice Day

Celebrate doing something your advisees love 😊