

# HAPPY NEW YEAR 2022 PLACEMAT

Are you ready to ring in the New Year? Print enough copies of this color-in placement for all family members and have fun planning your best year yet!

## How to Make

1 Print pages 2 -3. Cut along the dotted line and tape the pages together.



2 Fill in the prompts to learn the important skill of goal-setting, and practice self-love and gratitude.



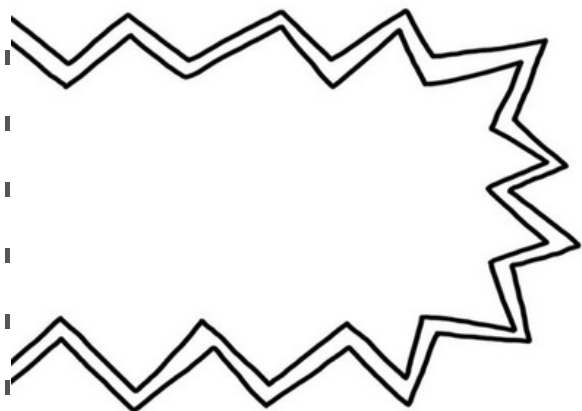
Big Life Journal

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# The Year

Friends and think of ONE WORD  
How or write this word below.



# Looking ahead to 2022

Something new I want to try:



I want to learn more about:



In 2022, I want to feel:



Use the alphabet code to find  
This Year's message.

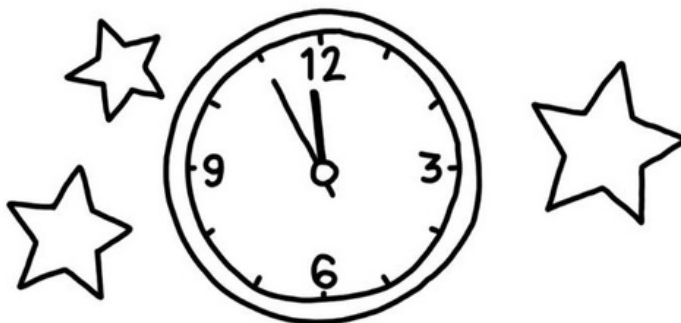


= 365

- |      |      |
|------|------|
| A=1  | N=14 |
| B=2  | O=15 |
| C=3  | P=16 |
| D=4  | Q=17 |
| E=5  | R=18 |
| F=6  | S=19 |
| G=7  | T=20 |
| H=8  | U=21 |
| I=9  | V=22 |
| J=10 | W=23 |
| K=11 | X=24 |
| L=12 | Y=25 |
| M=13 | Z=26 |

20 9 5 19

2022 will be \_\_\_\_\_ !





## Looking back at 2021

Something new I tried:

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My favorite memory:

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What I'm most grateful for about this past year:

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## My emoji of 2021



## Word of the

Close your eyes for a few seconds and think of a word that describes your 2022. Draw it.



Use the word to describe the New Year.

14 5 23 25 5 1 18

15 16 16 15 18 20 21 14 9

# 2022 New Year Kits

A collection of printable worksheets, posters, and activities to help your child discover the power of their brain and realize they can achieve great results with practice and effort.

★★★★★

"My kids and I did this together after New Years to plan our new year. Has transformed our lives in a beautiful way. Our time spent is now a joint effort, we have become a united team!"

- Sharon G.

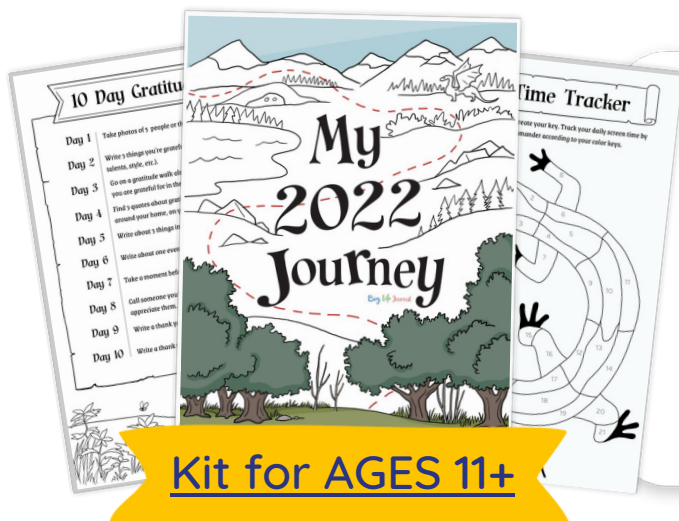


Kit for AGES 5-10

★★★★★

"This is a great kit with wide-ranging materials. We can build goals for the new year, incorporate growth mindset into literacy, and continue building skills for positive thinking and the power of YET!"

- Candice



Kit for AGES 11+

[Peek Inside the Kits](#)

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With gratitude,  
Big Life Journal team