Friday, December 10th, 2021

Objective: Students will participate in a teambuilding activity: Exchanging Compliments

Materials Needed: none

Daily News: The Holiday Season is a great time to reflect on yourself and seek ways to make life better for those around you. Terri Marshall (initial that you read this quote)

Greeting: Everyone Greets and is greeted (students sit in a circle)

Formal Sharing/ Check-in: (Check In)

Activity: Team Building Activity: Exchanging Compliments

Procedure:

- Remind students of the conversations they have had about kindness this year. Share with students that the nicest and most consistent way we can show our kindness with one another is by sharing compliments.
- Share with students that today they will be giving each other two compliments. Show students the worksheet (I will provide this to you. You will find it near the walkie station.
- Have students spread out so that they do not see what is being written by other students. Give students time to write two positive compliments about each of their peers. Walk around to offer support.
- You will be collecting these positive compliments in order to create one page of
 compliments for each of your advisees. The list should be given to students the week
 before break. Surprise students with this list. Therefore, do not tell students exactly what
 you will be doing with the lists.

Review Daily News and Discuss:

Ask the following questions to guide students in reflection:

• What can you do during break to make your neighbors/family's lives better?