

# 5<sup>th</sup> - 8<sup>th</sup> Grade N.E.S.T. Plans

## Topic: Trimester 1 Report Card Reflection/Goals

### Coming Up this Week

This week Segue scholars will review their N.E.S.T. group norms. The beginning of the second trimester is a great time to review what your N.E.S.T. family committed to earlier this school year and reflect on how well they are following their group norms. On Day Three, advisors will guide students on reflecting on their Trimester 1 report cards. It is important to give scholars a safe space and a caring adult to dissect and comprehend the data that is shown on their report card. On Day Four and Five, students will use the results of their first trimester work/progress to create short term academic goals.

By creating specific short-term **ACADEMIC** goals- students will reflect on how well they are doing academically in all of their classes and will set goals that match the results of their report cards. For example, if students received a 2 on Science standard: “Analyzing and Interpreting Data,” then their reflection can be “I will aim to get a 3 on standard: analyzing and interpreting data on my 2<sup>nd</sup> trimester report card. To do so, I will speak to my science teacher to learn what I can do better in that area.

Students will store all their goal setting sheets in a central NEST location provided by their NEST advisors. Please keep these worksheets in your NEST location for your advisees- they will be reflecting on their progress later this school year.

Just as a reminder, all R.I. middle school students must have an **ILP** (Individual Learning Plan.) At Segue, students build their **ILP**'s by creating academic goals on the worksheets provided this week and create other related goals on Choices 360.

### Routine Reminder

Students should walk into the meeting area and answer the **DAILY NEWS** on the board(s), get into their **CIRCLE**, and listen to the morning announcements. After morning announcements, students **GREET** each other and then begin to check-in. Mondays are all about the **CHECK-IN**. It is important to really scaffold students to get them sharing as much as possible. Once each student has had the opportunity to check-in the group may begin the **ACTIVITY**. 5 minutes before transition, the group may **REVIEW** the answers on the daily news board and/or **REFLECT** on the activity.

## Day One

**OBJECTIVE:** Students will share details about their weekend.

Materials Needed: none

1. Daily News: Do you have a career goal? If so, what is it?
2. Greeting: Everyone Greets and is greeted (students sit in a circle)
3. Formal Sharing/ Check-in: Ball Toss Sharing (students sit in a circle)
  - Suggested prompts for sharing out:
    - What was a highlight of your 4 day weekend?

- This weekend was a teaser for a longer break right around the corner, what is something you are looking forward to during the long break?
- Did you watch anything interesting during the break?
- What did your screentime consist of during the break?
- We have 5 full weeks left of 2021- did this year move fast or slow for you?

A student is selected to begin and is given a ball. She begins sharing, once finished she picks who she wants to toss the ball to and that person begins sharing. Students should track only the person who is holding the ball. Many advisors are already using this method to share and check in. It is a good way to structure this part of N.E.S.T..

- Report cards were distributed last week- ask students to bring in the copy of their report card to NEST tomorrow.

### 5. Review Daily News and Discuss:

Ask the following questions to guide students in reflection:

- Why have you chosen that as your career goal? Do you have a secondary career goal in case you lose interest in that goal or it doesn't work out?

## Day Two

Objective: Students will review their N.E.S.T. norms and discuss how well they have kept to the norms they set for their NEST Family in the beginning of the year. They may also add new norms.

Materials Needed: Group Norms (5/6- GroupBeing, 7- Circle of Hands, 8- Puzzle)

1. Daily News: Out of the following team skills, which do you think we do best: communication, respect, accomplishing tasks.

2. Greeting: Everyone Greets and is greeted (students sit in a circle)

3. Formal Sharing/ Check-in: Whip check in...(5 minutes)

4. Activity: Revisiting Group Being and Group Norms

### Procedure

- Show students your N.E.S.T. "group norms" that they made in the beginning of the school year. Ask students to read the norms they created inside the group being/hands/puzzle pieces.
- Ask students the following questions:
  - Are we abiding by the group norms?
  - What can we add to the group norms that will make us a stronger team?
  - What are we not abiding by and how can we work towards improving on following those norms? Why are we not following those norms?
- Have a discussion about how you can be a stronger N.E.S.T. in trimester 2. Add things to your group norms if needed.

- o Review the components of N.E.S.T.: Daily News, Greet, Check In- Share Outs, Activity, Review of Daily News.
  - o Have students close their eyes and put their heads down. Ask students to rate how well your NEST family is doing on each of these components every day 1-5.
    - Say: with your fingers rate from 1-5 how we are doing with participating in Daily News.
    - Rate how we are doing with greeting... are we greeting every day?
    - Rate how we are doing with sharing and checking in
    - Rate how we are doing with participation in activities.
    - Rate how we are doing in reviewing daily news.
- o Share with students that there are only 25 weeks left of school. 25 week until graduation, 25 weeks to have their portfolios completed and presented. We must use this new Trimester as an opportunity to improve as well as a checkpoint to reflect on how we are doing academically, socially, and personally.
- o Ask students to ask themselves:
  - o Am I working towards improving academically this year? Why or why not?
  - o How can I use the new Trimester as a clean start in working on becoming a better scholar?

## 5. Review Daily Quote and Discuss:

Guide students in reflection:

- o How are we doing well in that area?
- o How can we improve in the other areas?
- o Are there areas not listed that we can talk about?

## Day Three

**Objective:** Students will begin creating short term academic goals for the 2<sup>nd</sup> trimester based on 1<sup>st</sup> trimester report cards.

**Materials Needed:** Trimester 1 report cards, Short Term Academic Goal Sheet

**1. Daily News:** Does 25 weeks sound like enough time to reach your goals?

**2. Greeting:** Everyone Greets and is greeted (students sit in a circle)

**3. Quick Check-in:** (2 minutes)

**4. Activity: Reflecting on Trimester 1 Report Card**

Procedure

- Remind students of the goals they created on Choices360.

• Make a connection between the Choices360 Goals and short term ACADEMIC goals BASED ON REPORT CARD DATA.

o Say: *“In order to achieve our Choices360 goals, we must reflect on how we are doing as scholars. A great way to reflect on how we are doing as scholars is by using the data shown on our recent report card. Our report card is an important piece of paper- it provides us with information on where we are academically in each of our classes. In order to make the most use of this piece of paper- we need to spend the time really looking at it and understanding what it means. Then we need to use that information to make a plan for improvement. That is the purpose of a report card- to guide us from where we currently are to where we want to be. How we do as scholars today is directly linked to the goals we are creating for ourselves on Choices360. For example, if my Choices360 goal is to be in college in 6 years, I need to work on improving academically up so that a college considers me when I am a senior in high school. Concepts I learn in 6<sup>th</sup> - 8<sup>th</sup> grade will help me be successful in the 9<sup>th</sup> grade. What I learn in the 9<sup>th</sup> grade will help me be successful in the 10<sup>th</sup> grade and so on. In school we are always building a foundation for our next step. Even if your goal is not to be in college you need to be educated to be successful in anything. People in the military need to be intelligent in order to be successful in their role and move up in rank. People who work in trades like plumbing and construction need to be educated in order to do what they do well. You come to school everyday to learn and it is important that you are making the most of your experience as a scholar. I want us to watch a video that better explains what I am talking about.*

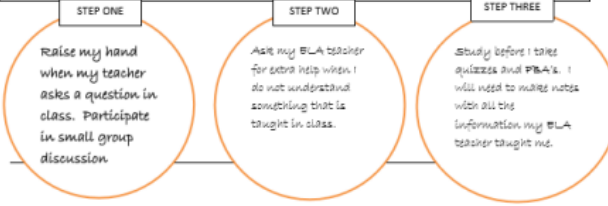
- Show scholars this motivational video: <https://www.youtube.com/watch?v=RHHOa879nU0>
  - Discuss the video:
    - What are some main takeaways after watching this video- what message is the video trying to deliver?
    - What did the speaker say was the secret to seeing academic improvement- what do you have to do in order to see improvement?
    - Do you think making these changes in our actions challenging? Why or why not?
- Tell students that we will be working on reflecting on our academic progress this week in NEST. They will be looking at their report cards and picking 2-3 areas where they want to improve. As the advisor, you will be going around to help students look at their report card, understand what’s in front of them and using the information to create goals.
- Project this worksheet on your smartboard/laptop- go over the worksheet with students. Please model how to fill out the short term worksheet using the one I filled out for you. Please use the sample one as a guide: <https://drive.google.com/file/d/1XsSUfxLLpIEwBQf771-3LndT0nZ-a2Ra/view?usp=sharing>

**Short Term Goal:** In order to reach any vision you must create short term goals. Define three short-term goals for this trimester. Your goals should be challenging but also achievable and realistic. Push yourself, but set goals that you are capable of achieving with maximum effort. Your goals should bring you satisfaction --you should truly want to work towards these goals.

What were your grades last quarter?						
	ELA	MATH	HUMANITIES	SCIENCE	ART/MUSIC	HEALTH/PHYS.ED
How many 4's?	1	1	0	0	3	0
How many 3's?	3	4	3	4	3	4
How many 2's?	0	0	2	1	0	1
How many 1's?	0	0	0	0	0	1

Based on your grades, create goals that will help you improve this trimester. Look at how many standards you did not meet proficiency for (look at shaded area) and decide which class you want to do better in. For example, a goal can be "I want to improve my academic standing in science. I will earn 3's on all the standards." Be specific, look at the standards, we will work on steps on how to reach your goals after you choose which goals you want to focus on.

Academic Goal #1: I will earn 3's and 4's in ELA class. I specifically want to focus on getting a 4 on the standard "Speaking and Listening- Collaborative Discussions" in ELA class by the end of second trimester. I will do this by making sure that I not only complete all my classwork, homework, quizzes and PBA's but by also by participating in all classroom discussions



- Give each student their own goal setting worksheet and have them fill it out. Assist students by conferencing with students 1-1. Students will need individualized assistance with this activity. Once finished, collect all sheets- students will be reviewing this again later this trimester.
- When creating the “STEPS” Tell students to ask themselves:
  - o What do I need to do during the 2<sup>nd</sup> trimester to reach my academic goal?
    - Ask students to consider:
      - Turning in all of their assignments.
      - Turning in their reading log every week.
      - Doing a better job in writing all of my assignments in my agenda and do a better job at checking it every night and checking off what I finish/accomplish.
      - Checking in with my teachers when I miss work.
      - Checking in with teachers when I do not understand an assignment.
      - Check in with my teachers when I get less than a 3 on a PBA and revising the PBA to reach a 3.
      - Participating in class discussion and small group work.
      - Check PowerSchool on a weekly basis to track my progress.
      - Showing more effort on my assignments.

5. Review Daily Quote and Discuss:  
Guide students in reflection:

- Give students tips on how they can work towards achieving their ultimate goals.
- Remind students that what they do every day at school impacts their ability to get closer (or further away) from achieving their “big” ultimate goals.

Day Four and Day Five

**Objective:** Students will finish creating short term academic goals for the 2<sup>nd</sup> Trimester based on 1<sup>st</sup> Trimester report cards.

**Materials Needed:** last trimester report cards, Short Term Academic Goal Sheet

**1. Day Four Daily News:** What core class do you believe you are strongest in?: math, science, ela, or humanities? What MAGN<sup>7</sup>T class do you believe you are strongest in?: art, music, health, phy.ed

**Day Five Daily News:** If we could add a class at Segue, that doesn't currently exist, what do you think it should be?

**2. Greeting:** Everyone Greets and is greeted (students sit in a circle)

**3. Quick Check-in:** (2 minutes)

#### **4. Activity:**

Procedure

- Pass out "Short Term Goal Sheet" from Day Three
- Give students time to complete goals.
- Conference with students as they create goals.
- Once students complete their goal sheet- have students log into Choices360 to watch videos on different careers of their choosing.
  
- When all your students complete their goal sheet, ask students
  - o How can we track our goals?
  - o When should we check on our progress?
    - Set a date that your N.E.S.T. agrees upon to track their progress on their goals. (I suggest the week right after 2<sup>nd</sup> Trimester progress reports.)
  
- If time permits- play Wanna Buy a Duck? <http://www.youtube.com/watch?v=QsrN7S-NVvc>

#### **5. Review Daily Quote and Discuss:**

Guide students in reflection:

- We all have areas of strength and areas where we need more support in. It is important to find what we excel in because that will help us find the careers that use those subjects the most. It is just as important to find out the areas we need more support in so we can get the support that will help us grow in those subjects.